

2021 Baseball Sign Ups and Required Physical Paperwork:

First day of practice and tryouts per PIAA rule is Monday March 8, 2021. You must be cleared on your physical to participate in the first day of practice.

Please follow the listed steps below to make sure you are prepared for the upcoming Physical date:

Physical Exam Dates - Wednesday Feb. 24, 2021 6:30pm - Baseball All Levels Grades 8-12 EAHS Gymnasium Lobby. (\$20.00 Physical fee, \$5.00 recertification fee) You may use your personal family doctor or be given a physical on Feb. 24, 2021

Physical Paperwork:

The following forms would typically be distributed at the pre-season meetings and would be color coded as follows: Most of these are available also on the EASD Website Under Athletics - Physical Participation Paperwork. PLEASE MAKE SURE YOU SIGN ALL AREAS FOR SIGNATURES FROM PLAYERS AND PARENTS!

* GREEN Parent Permission - will be handed in to your coach Feb. 24

* WHITE Parent Letter - Basic EASD Athletic Information for your reference.

*PINK Paperwork Checklist - To assist you in making sure you have everything you need prior to season.

*WHITE Pre-Participation Physical - If this is your first sport in 2020-2021, TAKE THIS FORM (2 pages) at the time of your physical examination.

*YELLOW Re-Certification Physical, if you played a FALL or Winter sport in 2020-2021

*Emergency Care Card - Half Sheet duplicate Card - Due Feb. 24

St. Luke's "Consent to Treat" Blue Form - Required with first physical of the year. Due at Physicals *ImPact Release - (No Form Necessary) Only needed every 2 years. If you took this last year prior to the baseball season or did so for another sport in 2019-2020 or 2020-2021 you are exempt and do not need to do so. If you are unsure - complete it anyway - it doesn't hurt to have up to date information. This will be done by you at home this year if you need to complete it. Do so by Feb. 24 if you need to do so. See below for Instructions:

Impact Testing: Concussion Baseline Testing:

Due to the COVID-19 restrictions, we will not be hosting ImPACT testing on the high school campus. Any student-athlete that will be taking the test this year can do so from home. The test is now equipped to be taken on Laptops, Ipads and Desk Top Computers.

The following information is for student-athletes/parents at your team meetings and communications - do not share with others outside of our athletes. The password belongs to the St. Luke's University Health Network.

How to take the ImPACT test:

Step 1: Type in the following website: <u>www.impacttestonline.com/testing</u>
Step 2: Type in the password: azyv8qsnxt
Step 3: Scroll down and select Easton Area School District
Step 4: Begin test

Please complete the following Link - Google Form ASAP but no later than the day you receive paperwork if you intend to play in the Easton Baseball Program. Please only complete the Google Form one time.

https://docs.google.com/forms/d/e/1FAIpQLScG0jypM5uXPrWDkaKYx3qtFEcC-gb-A920Ps8r3wOorqo0uw/viewform?usp=sf_link